

Who is Alyssa?

Alyssa was a beautiful, bright little lady who grew up in Akron, Ohio. She was and will always be loved by her parents, family & friends. Alyssa loved so many things - dancing, ballet, singing in the children's choir at church, hiking and bike hikes, and always liked being with her family.



On September 12, 2002, Alyssa died very suddenly of what we found out later to be Viral Myocarditis - a disease which attacks and weakens the heart muscle. Other than flu-like symptoms immediately preceding her death, there were no outward signs indicating anything was wrong with Alyssa.

Her sudden death has left us incredibly grief-stricken and heart broken. There is a place in our hearts that will be empty until we are with her again in Heaven.



Alyssa's Hike for the Hearts

P.O. Box 42
Tallmadge, Ohio 44278

Place
Stamp
Here



Alyssa's Hike for the Hearts is an annual hike at Goodyear Metropark in Akron, Ohio that raises money to:

1. Help support Viral Myocarditis Research
2. Provide camper scholarships for grade school children to attend Camp Carl in Ravenna, Ohio.

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The 5th Annual! Alyssa's Hike for the Hearts

September 19, 2009
10:00 AM - 1:00 PM



Alyssa Ann Colaway

January 25, 1994 - September 12, 2002

That Her Death Not Be In Vain.



With Alyssa's death came many questions about Viral Myocarditis, its' causes and prevention.

We spoke with several doctors who helped us

understand that Viral Myocarditis is a common cause of sudden death in children. We felt we had to do something so that her death not be in vain.

We have organized our 5th annual hike at Goodyear Heights Metropark in Akron, where Alyssa frequently hiked with her

Hiker Information:

Thank you for your interest in joining us for the fifth annual "Alyssa's Hike for the Hearts" on September 19, 2009. Here is how you can get involved:

Visit alyssashike.org to register online, or mail the attached registration form to get started.

The sponsor sheet, available for download at alyssashike.org, is to keep track of your sponsors and the amounts they pledge to sponsor you. Prizes, raffles, and a free t-shirt will be awarded to registered hikers who raise at least \$50.00 and remit their pledge amount before August 31, 2009.

If you are unable to

Registration Form:

Name: _____

Address: _____

City, State, & Zip: _____

Phone

hm: _____

wk: _____

E-Mail: _____

T-Shirt size:* S M L XL
(*applicable with at least \$50 in pledges)

I intend to raise \$_____ in
pledges for my Hike on September 19, 2009.